

Spring Cleaning Checklist

Your complete room-by-room guide to a thorough spring clean



How to use this checklist

- Work room by room — complete one area fully before moving to the next.
- Clean top to bottom in every room — ceilings and fans before floors.
- Print this PDF and check each box as you go.

Kitchen

Start here — the kitchen accumulates the most grease and needs the most time.

- 01 Range hood filters** degrease or replace
- 02 Cabinet interiors** wipe shelves, check for moisture
- 03 Cabinet hardware** tighten hinges, pulls, soft-close mechanisms
- 04 Refrigerator coils** vacuum back or underneath
- 05 Refrigerator drip pan** empty and sanitize
- 06 Oven interior** clean per manufacturer spec; wipe door gasket
- 07 Dishwasher door seal** inspect gasket for mold and tears
- 08 Under-sink cabinet** check P-trap, inspect supply lines for corrosion
- 09 Caulk around sink and backsplash** recaulk if lifted or cracked
- 10 Garbage disposal** clean with ice, coarse salt, and citrus rinds
- 11 Walls and backsplash** wipe grease splatter from switch height down
- 12 Floor** sweep, mop, pull appliances to clean underneath

12 tasks

Bathrooms

Failing caulk at the tub-to-wall joint is the leading cause of water damage behind tile.

- 01 Grout lines** scrub with stiff grout brush; seal if over 2 years old
- 02 Caulk at tub and shower perimeter** check for gaps and lifting edges
- 03 Exhaust fan** remove cover, vacuum fan blades and housing
- 04 Under-sink** check supply line condition and P-trap integrity
- 05 Toilet base** check for rocking; inspect water supply valve for corrosion
- 06 Drain stoppers** remove, clean hair and soap buildup, reinstall
- 07 Showerhead** soak in white vinegar for 30 min if flow has dropped
- 08 Medicine cabinet** discard expired medications; check mirror for delamination
- 09 All hardware** confirm towel bars, toilet paper holders, and grab bars are tight

9 tasks

Bedrooms

Flip ceiling fan to counterclockwise (looking up) for a cooling downdraft in summer.

- 01 Mattress** rotate head-to-foot; vacuum top surface and sides
- 02 Under-bed** pull out everything, vacuum, return in sealed bins
- 03 Closet clear-out** pull everything, wipe shelves and walls
- 04 Closet hardware** check rod brackets, shelf pins, and track hardware
- 05 Window tracks** clean debris with dry brush, wipe with damp cloth
- 06 Baseboards** wipe with slightly damp microfiber cloth
- 07 Ceiling fan** wipe each blade with a pillowcase; flip to counterclockwise
- 08 Light fixtures** remove globes if accessible, clean inside, check bulbs
- 09 Walls** spot-clean scuffs and handprints with mild solution

9 tasks

Living Areas

Clean top to bottom — ceiling fan and shelves before floors.

- 01 Upholstered furniture** vacuum all surfaces including under cushions
- 02 Walls** wipe from light switch height down with diluted all-purpose cleaner
- 03 Light switches and outlet covers** wipe; remove covers and vacuum behind annually
- 04 Ceiling fan** wipe blades; flip rotation direction for summer
- 05 Window treatments** machine wash curtains on gentle; wipe blinds slat by slat
- 06 Fireplace** inspect firebox for cracked brick; confirm damper opens fully
- 07 Baseboards and crown molding** vacuum with brush attachment, then wipe
- 08 Area rugs** take outside and beat, or rent a carpet cleaner for heavy soiling
- 09 Electronics** dust all surfaces; vacuum vents on TVs and consoles

9 tasks

Basement, Garage & Utility

Smoke detectors older than 10 years must be replaced — a fresh battery is not enough.

- 01 HVAC filter** replace regardless of visual condition before first AC use
- 02 HVAC exterior** clear debris from around condenser; check fins for bending
- 03 Water heater** test pressure relief valve; inspect base for rust or moisture
- 04 Sump pump** pour water into pit to confirm float triggers pump
- 05 Smoke detectors** test every unit; check manufacture date (replace after 10 yrs)
- 06 CO detectors** test every unit; replace batteries in all detectors
- 07 Weatherstripping and door sweeps** inspect every exterior door for gaps
- 08 Garage door hardware** check hinges, rollers; do NOT attempt spring replacement
- 09 Garage floor** sweep; assess concrete cracks and fluid leak stains

9 tasks

Outdoor & Exterior

Clogged gutters at the start of spring rain season cause the bulk of basement moisture problems.

- 01 Gutters and downspouts** remove debris; flush with hose; check discharge
- 02 Window screens** inspect for tears; check frame for warping; reinstall
- 03 Exterior caulk** check all window and door perimeters for cracks or separation
- 04 Door thresholds and sweeps** inspect all exterior entries for complete seal
- 05 Siding** wash down; look for soft spots, missing paint, or moisture intrusion
- 06 Deck or patio** check boards for rot, loose fasteners, raised screw heads
- 07 Debris removal** rake dead leaves, thatch, and winter-killed plant material
- 08 Dead plant trimming** cut back ornamental grasses and perennials
- 09 Irrigation** open system slowly; walk each zone; check for broken heads
- 10 Tool shed** clean, oil, and sharpen hand tools; dispose of old pesticides

10 tasks